

Manhasset High School Crew
Athlete Seasonal Participation Fee
General Releases & Participation Forms
FALL 2018

Seasonal Participation Fee: \$975

The seasonal participation fee must be paid by:
Sunday, September 9th

Late payments (*after September 9th*) will incur a \$100 penalty.

Seasonal participation fee and regatta fees (*as they become due*) are to be made at the Manhasset Crew Website: <http://www.manhassetcrew.org>

This seasonal participation fee *does NOT include* the cost of the regattas. Regatta fees are separate and will become due prior to each regatta start date.

All payments must be made online.

Please drop off completed forms (stapled together)
by **Sunday September 9th** to:
Shannon Muni
132 Elderfields Road, Manhasset, NY

DO NOT give forms to the coaches or to the school!

Please print forms single-sided.

Note: Novice Athletes (first year rowers) are required to purchase uniforms as noted on pages 11-12.

Please make it a practice to pay your child's regatta fees ***before*** the regatta date so as to avoid a late fee penalty.

Friends of Manhasset Crew, Inc. is a 501(c)(3) not-for-profit corporation with no members. The seasonal participation fees are not dues to be members of Friends of Manhasset Crew.

This seasonal participation fee covers costs associated with the season.

Dear Parents and Athletes,

Welcome to the Manhasset High School Crew Team Fall 2018 Season.

Attached you will find the following forms (12 pages total, single-sided):

1. Health Form and Power of Attorney
2. MHS Crew Student Athlete Code of Conduct & Commitment Contract.
3. Field Trip Permission Form – *Overnight & Day Trips*
4. Photo and General Release Form
5. Manhasset Public Schools Interscholastic Athletics Handbook for Parents and Students Acknowledgment Form. (This Parent/Student Athletic Handbook is located on the Manhasset Secondary School Athletics website. The handbook is provided for MHS athletes and their parents for reference and review. <http://www.manhassetsschools.org>.)
6. Manhasset High School Crew Team and Parent Handbook Acknowledgement Form. This handbook is located on the Manhasset Crew Team website and is provided for MHS Crew Athletes and their parents for reference and review. <http://www.manhassetcrew.org>
7. NYSSRA Scholar Athlete Team Award Release Form

Please keep this packet intact and stapled.

All insurance information must be provided, including policy/member number. If you are self-insured, please note on the policy line. Please have your child sign as required.

Do NOT have your child return forms to *members of the coaching staff*.

If your child's packet is not received in a timely manner, this could result in your child not attending the first regatta.

Wishing our team another successful season!

Sincerely,

The Manhasset Crew Team Board of Directors

Completed forms are to be returned no later than

***Sunday, September 9th* to: 132 Elderfields Road, Manhasset, NY**

**MANHASSET INTERSCHOLASTIC ATHLETICS
HEALTH FORM AND POWER OF ATTORNEY**

I hereby authorize and empower ** See below (supervisor or coach) to secure necessary and required medical aid for my daughter/son _____ while in their care. Further, if any emergency should arise necessitating surgery by a reason of illness or accident, the said supervisor or coach shall execute any medial or hospital authorization for and in my behalf as if I were personally present.

It is agreed and understood that prior to exercising the above power of attorney in the event of emergency, the below named supervisor or coach shall make every effort to contact the parent or guardian for oral approval or disapproval.

Student's Name: _____ Date of Birth: _____

Home Address: _____

Town: _____ State: _____ Zip: _____

Parent or Guardian: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Emergency Contact: _____ Phone: _____

Family Physician: _____ Phone: _____

Does your child have problems with any of the following:

- | | | |
|--|--|--|
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Skin Conditions | <input type="checkbox"/> Hearing Loss |
| <input type="checkbox"/> Allergy to Insect Sting | <input type="checkbox"/> Food Allergies | <input type="checkbox"/> Sleep Walking |
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Other: _____ | |

Is your child allergic to any medications? _____

Is your child currently taking any medication? _____ If so, what? _____

Is there anything else we should know about your child? _____

Special Instructions: _____

Medical Insurance Covered by: _____

Company Name: _____

Policy Number/Policy Holder: _____

Parent or Guardian Signature: _____

** Steve Panzik, Chris Mare, Ty Louis, Tom Keegan, Rachel Roth, Jessica Sims, Damien Quinn

**MANHASSET HIGH SCHOOL CREW TEAM
ATHLETE CODE OF CONDUCT
&
STUDENT COMMITMENT CONTRACT**

It is a privilege to be a member of the Manhasset Crew Team and a certain level of commitment and etiquette is required from all team members. Crew team members are representative of their school and their community and it is expected at all times that each individual will be courteous and considerate to others, and they will always act in a manner that reflects favorably on themselves, their team, the parents, Manhasset High School and the Manhasset community. In addition to this Code of Conduct, each member of the team is expected to follow the Manhasset School District Code of Conduct and Athletic Department Code of Behavior.

1. Behavior: All rowers must demonstrate good sportsmanship at all times. Respect for other participants, coaches, officials, chaperones and spectators are essential for fair competition and is expected at all times. An athlete with a negative impact on the team will not be allowed to continue attending team functions. This includes, but is not limited to: fighting/physical harassment, use of racial slurs, sexual harassment, promiscuous behavior, indecent gestures, disruptive conduct, profanity, bullying and disobedience to authority - including coaches, race officials, regatta staff, and chaperones. This includes any team-sponsored activity at the Boathouse, on buses, in hotels, at restaurants, and at the regatta site. Any type of cheating or manipulation, including any attempts to manipulate erg scores or seat racing results will not be tolerated.

2. Attendance: Rowers agree to attend and take part in all scheduled practices, regattas, and activities and observe all rules of water and boat safety at all times. If they cannot attend a practice or activity, it is their responsibility to advise their coach.

3. Driving: Rowers who drive a car to practice are required to drive safely at the practice site. No rower is allowed to drive themselves to any away regatta. Prior to leaving regatta site using alternate transportation, rowers must provide coach and chaperone with written permission, signed by parent.

4. Controlled Substances: Possession or use of controlled substances (*drugs, chemicals, steroids, alcohol, any tobacco products, vaping pens, or weapons*) is strictly prohibited. Use of substances banned by governing bodies for competition is prohibited. Medication prescribed by a physician must be in the dispensed container with proper label and dose information. A letter from the parent must accompany all prescribed medicines. Any violations will result in contacting the parents and disciplinary action. All bags are subject to inspection at any time.

5. Respect: Rowers will be respectful of others' possessions and understand that they are financially responsible for any damage that they may cause. Theft of private property reflects negatively on the team and will not be tolerated. Destruction or vandalism of the Boathouse property, boats and equipment, as well as unauthorized access in unauthorized areas will not be tolerated. Individuals (and parents) will be held responsible for any damage to any equipment, rooms, buses, etc.

6. Supervision: Rowers are not allowed in the Boatyard or on the docks without adult supervision. Rowers arriving early should wait outside the boathouse until a designated coach is on site.

7. Travel: During travel with crew, rowers will stay with the Team at all times and understand that they must follow the instructions of their Coaches and Chaperones. No mixing of boys and girls in any hotel rooms at any time, unless the coaches are present for a meeting. In the event costs are incurred on overnight hotel stays, including but not limited to room damages, missing items or other extra charged (i.e. phone charges, movie rentals, room service) these expenses will be the responsibility of those individuals sharing a room, unless a single responsible person can be identified. Rowers are not to leave their designated room after curfew. Any rower found to have broken curfew will be immediately suspended from the Regatta and required to have his/her parent pick them up and drive them home.

8. Uniform: Uniform for regattas is team uniform. Failure to wear an official uniform to regattas may result in suspension from that event. If a rower's uniform has not been provided, then a substitute uniform, or other appropriate uniform may be used as approved by coach.

9. Modesty: Rowers are required to wear shirt or a cover (no bare chest or sport bras) when on Boathouse property or at regattas unless actively working out or given permission from coach.

10. Manhasset Public Schools Athletic Code of Conduct: This Code of Conduct supplements the rules and regulations of the Manhasset School District as contained in the Manhasset Public Schools Athletic Department Interscholastic Athletics Handbook for Parents and Students (the "Athletic Handbook for Parents and Students") which is incorporated herein by reference. This Code of Conduct will control in the event of any inconsistency between it and the Athletic Handbook for Parents and Students.

ENFORCEMENT: Failure to abide by the rules expressly written here, or given verbally by a Coach or Chaperone, may result in one or all of the following: removal from the line-up, immediate suspension from events or dismissal from the Manhasset Crew Team. In each case, the Director of Rowing, the Athletic Director and the Chairman and President of The Friends of Manhasset Crew, Inc. ("FOMC") will consult all parties involved, notify parents and take the following course of action:

1. Warning - for minor violations, a Coach will give a warning to rower. If repeated warnings are necessary, parents will receive phone call from coach to discuss violations and possible solutions.

2. Removal from boat line-up - for more serious violations or repeated warnings.

3. Immediate suspension from events - for very serious violations. A written report of the violation will be forwarded to the Athletic Director and the Chairman and President of FOMC for disciplinary review. During the athlete's suspension, a meeting will be held with parents to discuss the violation, length of suspension, and possible solutions. Parents may be required to retrieve a suspended or dismissed rower from a trip at their own expense.

4. Dismissal from team - for most serious violations or repeated violations after attempting to solve issues with steps 1-3. Prior to dismissal, the Director of Rowing will meet with the Athletic Director, the Chairman of FOMC and the President of FOMC to make recommendations and discuss possible outcomes. In the event of any disciplinary action at any time, including suspension or expulsion from the team, there will not be any refunds issued of any monies paid from FOMC for Seasonal Fees, uniform costs, regatta fees or any other expenses paid.

AN ATHLETE THAT VIOLATES RULES RELATED TO POSSESSION/USE OF ALCOHOL, ILLICIT DRUGS OR ANY TOBACCO PRODUCT (including Vaping pens of any kind) EVEN AS A FIRST OFFENSE, WILL BE IMMEDIATELY SUSPENDED FROM THE TEAM FOR A PERIOD OF ONE (1) YEAR FROM THE DATE OF INFRACTION AND/OR SUBJECT TO PERMANENT SUSPENSION FROM THE TEAM AS WARRANTED BY THE FOMC BOARD.

BREAKING CURFEW AT AN OVERNIGHT REGATTA WILL BE CONSIDERED A SERIOUS VIOLATION WARRANTING DISMISSAL FROM THE TEAM.

I have read and understand the Manhasset High School Crew Team Student Commitment Contract.

Student Name: _____

Signature: _____ Date: _____

For the welfare of my child and his/her fellow team members, I hereby give my consent for his/her chaperone and /or any of the Coaches to enter my child's room and/or check his/her belongings at any time if there is reason to believe that any one of these rules may have been violated.

Parent Name: _____

Signature: _____ Date: _____

**MANHASSET INTERSCHOLASTIC ATHLETICS
FIELD TRIP PERMISSION FORM (OVERNIGHT & DAY TRIPS)**

This letter is to acknowledge that I have read the information in the attached packet which details the rules, regulations, and other important information relating to the proposed trip to: Destination: **** See list below** Team: Manhasset Crew

I give permission for _____ to participate.
(Student's Name)

I understand that my child's luggage and carry-on parcels will be searched by the school chaperones at any time. I understand that this will require her/him to act responsibly and maturely. I agree that if her/his behavior is judged inappropriate or unacceptable by the school representatives who are supervising the activity, she/he will be required to return home immediately at the parent's expense and responsibility. Parents will be contacted if it is necessary to send the student home for inappropriate behavior, and the parent and the student acknowledge and accept the following expectations as determined by the school and will accept the consequences of any violations.

1. No use of possession of alcoholic beverages or other controlled substances while on the trip. Students arriving at the departure time under the influence of alcohol or controlled substances will be banned from the trip and will be disciplined according to the Disciplinary Code. Students determined to be under the influence of drugs or alcohol at any time during the trip will be disciplined according to the Disciplinary Code.
2. Each student will ride in the vehicle provided for the trip. Any exception to this must be made in writing prior to the trip and agreed by the advisor, the athletic director, the parent and the student.
3. The school reserves the right to deny any student the privilege to go on a trip. The student has the right to appeal the decision to the Athletic Director, Principal or his/her designee.
4. Any hazing or harassment of another student will result in the parent being notified and the student being sent home. Additional action will be taken by the administration under Board Policy 5300, Sub Section 5300.25.

In case of illness or injury, contact me or:

Name of responsible adult: _____ Phone: _____

Student Signature: _____

Parent Signature: _____

**** DESTINATIONS:**

CRI Regatta, Boston, MA 9/14 & 9/15/18
Row for the Fight, Hempstead Harbor, NY 9/30/18
Head of the Housatonic, Shelton, CT 10/5 & 10/6/18
Navy Day Regatta, Philadelphia, PA 10/13/18
Head of the Charles, Boston, MA 10/20 & 10/21/18
Head of the Schuylkill, Philadelphia, PA 10/27 & 10/28/18

STANDARD PHOTO and GENERAL RELEASE FORM
FRIENDS OF MANHASSET CREW, INC.

I hereby authorize Friends of Manhasset Crew, Inc. ("FOMC") to publish the photographs taken at any crew regattas, team practices, and other fundraisers of me and/or the undersigned minor children for any public relations purpose, including but not limited to printed material, local newspapers, video or websites.

I release FOMC from any expectation of confidentiality with respect to the photographed images of the minor children listed below and myself and attest that I am the parent or legal guardian of the children listed below and that I have the authority to authorize FOMC to use their photographs and names.

I acknowledge that since participation in any of the aforementioned publications and websites produced by FOMC is voluntary, neither the minor children listed below nor I will receive financial compensation.

I further agree that participation in any publication and website produced by FOMC confers no rights of ownership to me whatsoever.

I further release FOMC, its contractors and its employees from liability for any claims by me or any third party in connection with my participation or the participation of the minor children listed below.

I acknowledge that participation in the sport of rowing involves inherent risk, and I readily assume all risks to my minor child (or me if I am over the age of 18). I certify that my child (or me if I am over the age of 18) is a competent swimmer and can tread water for an appropriate amount of time if a shell was to tip over until help reaches him/her.

"I further certify that my child has passed a swim test and that I have submitted written proof thereof to FOMC."

Parent's Name: _____

Parent's Signature: _____ Date: _____

Street Address: _____

City, State, Zip: _____

Names and Ages of Minor Children:

Name: _____ Age: _____

Name: _____ Age: _____

Student's Name (only if age 18 or older): _____

Student's Signature (only if age 18 or older): _____

MANHASSET PUBLIC SCHOOLS
Department of Health, Physical Education and Athletics

ACKNOWLEDGMENT FORM

It is the responsibility of the parents and students to read the MANHASSET PARENT STUDENT INTERSCHOLASTIC ATHLETIC HANDBOOK prior to participating in our interscholastic athletic program. The information contained in this handbook outlines the Policies, Rules and Regulations that govern our program. The school district requires that you and your student-athlete sign this Acknowledgment Form and return it to your son/daughter's coach. Please return the form as soon as possible. No student-athlete will be allowed to participate in a game/regatta until this form is returned.

I/we have read the Manhasset Parent-Student Interscholastic Athletic Handbook and understand the Policies, Rules and Regulations that govern the program.

Printed Name of Student-Athlete

Sport

Student-Athlete Signature

Date

Parent/Guardian Signature

Date

**MANHASSET HIGH SCHOOL CREW STUDENT AND PARENT HANDBOOK
ACKNOWLEDGMENT FORM**

It is the responsibility of parents and students to read the **Manhasset High School Crew - Student and Parent Handbook** prior to participating in our interscholastic rowing program. The information contained in this Handbook outlines the Policies, Rules and Regulations that govern our program. The signature on this Acknowledgment Form by each student and their parent is required in order to participate in Crew.

The MHS Crew Student and Parent Handbook may be found at the Manhasset Athletic Website or a copy may be obtained in the MHS Athletic Office.

I/we have read the **Manhasset High School Crew - Student and Parent Handbook** and I/we understand that we will comply with the Policies, Rules and Regulations that govern the Crew program.

Print Name of Student

Student Signature

Date: _____

Parent/Guardian Signature

Date: _____

NYSSRA Scholar/Athlete Team Award Program *

The New York State Scholastic Rowing Association (NYSRA) Scholar/Athlete Team Award Program recognizes varsity teams or clubs who have a minimum of 9 varsity athletes whose cumulative grade point average (GPA) for the season during which they row is 90.000% or above.

To apply for Scholar/Athlete Team status coaches complete nomination forms including rosters of their eligible 10th, 11th and 12th grade rowers. The nomination forms are then submitted to [Manhasset High School]. The school district calculates the quarter average for each varsity athlete using 1st quarter grades for the fall season and 3rd quarter grades for the spring season. The school district adds this quarterly average or GPA information to the nomination forms and then submits them to the NYSSRA Scholar/Athlete Team Award Program (SATAP) Committee.

The SATAP Committee sorts the roster by GPA, highest to lowest, and averages the top nine GPAs to determine the Team GPA. If the Team GPA is above 90.000% the team will qualify as a Scholar/ Athlete Team and will receive a NYSSRA Scholar/Athlete Team Award certificate. The top nine students, plus any additional athletes with a 90.000% GPA or above, will be awarded a NYSSRA Scholar/Athlete pin.

If the Team GPA is below 90.000%, no members of the team are eligible for this award, regardless of an athlete's personal GPA.

FERPA Regulations do not allow release of student information without express consent. Since it is necessary for the school to release grades to the NYSSRA Scholar/Athlete Team Award Program Committee in order to show eligibility for the NYSRA Scholar Athlete Team Award, it is required that each athlete obtain a parent's signature to allow the release of that information. **Grades provided by the high school to the NYSSRA Scholar/Athlete Team Award Program Committee will be provided for the sole purpose of notifying NYSSRA of a student and team's eligibility for the Scholar/Athlete Team Award.**

Please complete and sign the permission slip below and return it to your child's coach as soon as possible.

Date _____

I _____ give permission to [Manhasset High School]
Parent Name

to release the current school year's grades as outlined above for _____
Son or Daughter's Name

to NYSSRA in order to determine eligibility for the NYSSRA Scholar/Athlete Team Award.

Parent Signature

* For school and team use only. Do not submit with NYSSRA Scholar/Athlete Team Award nomination materials.

MANHASSET TEAM STORE

Hello Team-

The Link for our team uniforms can be ordered from Boathouse Rowing. The Link is available on our website: manhassetcrew.org

**Please know that the online store will close
Sunday September 9th at Midnight!**

It is required that all team members own:

Racing Uni-Suit

Practice Tee

Long Sleeve Tech Shirt

Tights

Waterproof Team Jacket

Travel Bags - ORDER FROM PROVIDED - goes to Diana Weisberg

If you already own any of these items from Spring 2018 season, you do not need to place an order.

The link to access the online Team store is on the Manhasset Crew website. www.manhassetcrew.org

The Boathouse Link is <http://www.manhassetcrewfall2018.itemorder.com>

Other tips when ordering:

- **Do not guess on sizing.** Try on a teammates' uniform; call Boathouse customer service (800)875-1883 ext. 216; or provide measurements in the comments box at checkout: Height, Weight, Chest (bra/cup), Waist, and Hips.
- **Regarding the checkout page:** Please pay special attention when inputting payment information at checkout. If the transaction does not lead you to a confirmation screen the order did not go through, please double check the information you have entered.

Any further questions, please contact Diana Weisberg at dbweisberg@yahoo.com

Team store deadline is Sunday, September 9th at Midnight!!!!

MANHASSET TRAVEL & PRACTICE BAGS

All members of the Manhasset Crew Team must have the Large Travel Bag. If you have a travel bag from a sibling or a prior season you do not need to purchase one.

ATHLETE'S NAME _____

CONTACT # _____

LAST NAME TO APPEAR ON BAG _____

Please print clearly

LARGE TRAVEL BAG \$65.00 _____

OPTIONAL PRACTICE BAG \$55.00 _____

CASH OR CHECK ONLY MADE OUT TO "FRIENDS OF MANHASSET CREW"

TOTAL ENCLOSED \$ _____ CASH _____. CHECK # _____